

Men 3000 meter Steeplechase
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Connor O'Brien	SO	Daemen	10:07.00	1	
2	Darion Gregory	SR	St. Bonaventure	10:07.09	1	
3	Daniel Casey	FR	Brockport St.	10:18.67	1	
4	Henry Trost	JR	St. Bonaventure	10:41.29	1	
5	Steven Blatto	SO	Daemen	11:00.91	1	
6	John Zimmerman	SO	Finger Lakes CC	11:10.63	1	
7	Jay Heideman	FR	Brockport St.	11:18.32	1	
8	Joshua Sandoval	SO	St. John Fisher	11:25.34	1	

Women 4x100 Meter Relay
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1			Rochester	47.55	1	
2			SUNY Geneseo	48.49	1	
3			Rochester	50.71	1	
4			Le Moyne	51.46	1	
5			Nazareth	51.70	1	
6			Alfred State	51.82	1	
7			Houghton	52.56	1	
8			Daemen	54.17	1	

Men 4x100 Meter Relay
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1			SUNY Geneseo	42.22	1	
2			Rochester	42.46	1	
3			Alfred State	43.25	1	
4			Le Moyne	44.00	1	
5			Brockport St.	44.07	1	
6			Daemen	45.95	1	
7			Finger Lakes CC	46.90	1	

Women 1500 meter Run
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Kassandra Nolet	SR	Daemen	4:54.09	1	
2	Camryn Bailey	SO	Daemen	4:58.48	1	
3	Ella Impaglia	FR	Nazareth	4:58.84	1	
4	Laura Witt	JR	St. John Fisher	5:02.09	1	
5	Hannah Thomas	JR	Daemen	5:02.75	1	
6	Emma Grzebinski	SO	Daemen	5:04.53	2	
7	Bethany Lorenzo	FR	SUNY Geneseo	5:04.98	2	
8	Abigail Thomas	FR	RIT	5:05.14	2	
9	Sarah Davis	SO	Brockport St.	5:05.53	1	
10	Hannah Fiorentine	JR	SUNY Geneseo	5:06.23	1	
11	Patsy Oberholzer	FR	Daemen	5:07.15	2	
12	Lejla Borcilo	SO	SUNY Geneseo	5:08.62	2	
13	Ellie Ponko	SO	Rochester	5:10.77	1	
14	Maeve Robarge	FR	Brockport St.	5:10.77	1	
15	Gianna Tribotte	FR	Roberts Wesleyan	5:11.76	3	

16	Ally Zuidema	JR	RIT	5:12.06	2
17	Naomi Sibley	JR	Brockport St.	5:12.44	1
18	Kyra Sandercock	SR	Rochester	5:12.63	1
19	Meredith Masker	SO	Brockport St.	5:12.75	2
20	Olivia Ippolito	SO	St. Bonaventure	5:13.06	1
21	Faith Caldwell	FR	St. Bonaventure	5:13.33	2
22	Julianne Wilson	SO	Brockport St.	5:13.42	1
23	Meredith Crockett	SO	Rochester	5:15.01	2
24	Faith Coyle	SO	Oswego State	5:16.00	2
24	Georgia Ross	FR	SUNY Geneseo	5:16.00	2
26	Georgia Hanley	FR	St. Bonaventure	5:18.11	2
27	Brigid McGee	JR	St. John Fisher	5:22.21	3
28	Esther Nankumba	FR	Brockport St.	5:22.29	2
29	Jade Kimmel	SO	RIT	5:22.83	2
30	Paige Ackley	JR	Nazareth	5:22.92	2
31	Jennifer Reagan	SO	Roberts Wesleyan	5:23.99	3
32	Gwen Sullivan	FR	Brockport St.	5:25.71	2
33	Isabelle Popoff	JR	Alfred State	5:27.60	4
34	Siera Porpiglia	FR	Brockport St.	5:28.00	2
35	Sabrina Antonini	SO	St. John Fisher	5:30.15	3
36	Bonnie Dong	JR	Rochester	5:34.13	3
37	Zoe Perkins	JR	Roberts Wesleyan	5:35.51	3
38	Andie Burton	SO	Rochester	5:36.21	3
39	Lauren Almy	JR	St. John Fisher	5:36.29	3
40	Lexie Hillman	FR	D'Youville	5:37.42	3
41	Karly Smith	SO	Roberts Wesleyan	5:37.89	3
42	Molly Hart	SO	St. John Fisher	5:41.97	3
43	Haley Hinds	SO	Daemen	5:44.29	3
44	Rachael Smith	FR	Houghton	5:44.70	3
45	Kaitlyn Goodwin	FR	Roberts Wesleyan	5:50.55	3
46	Laura Ferris	JR	Alfred State	5:50.97	3
47	Brielle McShane	FR	St. Bonaventure	5:51.51	3
48	Abigail Perry	JR	St. John Fisher	5:52.44	4
49	Juliana Lewis	JR	Roberts Wesleyan	5:53.21	3
50	Abigail Principe	FR	St. Bonaventure	5:57.18	4
51	Hailey Beckwith	SO	Le Moyne	6:00.29	4
52	Sarah Carroll	FR	St. Bonaventure	6:04.62	4
53	Keegan Carroll	SR	Daemen	6:07.10	4
54	Nya Martinelli	FR	Roberts Wesleyan	6:10.33	3
55	Kennedy Pino	FR	Daemen	6:13.41	4
56	Emma Rath	JR	Roberts Wesleyan	6:17.17	4
57	Iris Archer	SR	St. Bonaventure	6:22.63	4
58	Liz Erich	FR	Alfred State	6:48.46	4

Men 1500 meter Run

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Clay Peets	SO	St. Bonaventure	4:05.79	1	
2	Zane Courtwright	JR	St. Bonaventure	4:07.76	1	
3	Jonathan Moote	SO	Daemen	4:08.98	1	
4	Austin Schoen	SO	SUNY Geneseo	4:09.43	1	
5	Brian Gleason	JR	St. Bonaventure	4:09.62	1	
6	Joseph Krenzer	FR	RIT	4:10.00	1	
7	Amos Bixler	FR	Houghton	4:10.93	1	
8	Jon Sullo	SO	Rochester	4:11.38	2	
9	James Eustace	SO	Houghton	4:12.38	2	
10	Alex Ryan	FR	St. Bonaventure	4:14.06	1	
11	Riley Nash	SO	St. John Fisher	4:14.10	2	
12	Olutayo Sonuga	SO	RIT	4:17.88	1	
13	Christian Carlin-Saracene	JR	Le Moyne	4:18.90	2	
14	Daniel Morgan	FR	Brockport St.	4:19.19	2	
15	John Bruggman	SR	Daemen	4:19.61	3	

16	Richard Santarosa	SO	Rochester	4:20.27	2
17	Hunter Moore	SO	Roberts Wesleyan	4:20.41	3
18	Jacob Cottet	SO	Le Moyne	4:21.49	2
19	Nolan Goldthwaite	FR	Rochester	4:21.75	2
20	Aidan Kincaid	FR	Daemen	4:22.35	3
21	Wyatt Hulsey	SR	St. Bonaventure	4:22.40	2
22	Jacob Rightmyer	FR	Alfred State	4:23.03	2
23	Drew Cox	FR	SUNY Geneseo	4:23.38	2
24	Josh Trometer	FR	Daemen	4:24.25	3
25	Drew Carlson	SO	St. Bonaventure	4:24.88	2
26	Nate McNally	SR	Nazareth	4:26.14	2
27	Owen Noecker	SO	St. Bonaventure	4:27.93	3
28	Lukas Walters	SO	Brockport St.	4:28.12	3
29	Tyler Schott	FR	St. Bonaventure	4:28.60	2
30	Gabe Schill	SO	Brockport St.	4:30.04	3
31	Dominic Clementi	JR	Daemen	4:30.56	1
32	Aiden Meyer	FR	Nazareth	4:30.72	3
33	Kevin Havens	SR	St. John Fisher	4:32.17	3
34	Michael McGowan	SO	Brockport St.	4:32.39	1
35	Aiden Holt	FR	St. Bonaventure	4:33.99	2
36	Alex Colonno	SO	Le Moyne	4:34.60	3
37	Nicholas Berg	SO	Le Moyne	4:34.61	3
38	Kaho Wong	FR	Brockport St.	4:34.77	2
39	Andrew Hvidsak	SO	Alfred State	4:37.25	3
40	Maxwell Chiarella	FR	Alfred State	4:37.56	3
41	Reid Hooker	FR	St. John Fisher	4:38.71	3
42	Joseph Pecoraro	FR	Le Moyne	4:39.67	4
43	Ryan McMahon	SO	Le Moyne	4:41.82	4
44	Ryan Murphy	SR	St. Bonaventure	4:45.79	4
45	Ben Stevens	SO	Le Moyne	4:46.16	4
46	Colin Campbell	SO	Houghton	4:46.56	2
47	Wil Bainbridge	FR	Brockport St.	4:46.71	3
48	Bryce Myers	FR	Roberts Wesleyan	4:49.02	4
49	Nelson Rosario	JR	Brockport St.	4:59.42	4
50	Jacob DiGiovanni	SO	Finger Lakes CC	5:02.01	4
51	Michael McCutcheon	FR	Houghton	5:03.24	4
52	Jayden Reynolds	FR	Alfred State	5:03.49	4
53	Aidan Hafer	FR	Oswego State	5:10.07	4
54	Joseph Gleason	FR	Oswego State	5:13.13	4
55	Caleb Carr	SO	Brockport St.	5:24.80	4
56	Christian Spreizer	SO	Alfred State	5:28.21	4

Women 100 meter Hurdles
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Gwen Shepardson	SR	SUNY Geneseo	14.59	1	2.1
2	Rebecca Schultz	FR	Daemen	15.78	1	2.1
3	Emma Taggart	JR	Alfred State	16.19	1	2.1
4	Sydney Vanderhoof	SR	Nazareth	16.41	1	2.1
5	Rania Sabri	FR	RIT	16.86	1	2.1
6	Shaina Smith	SO	Le Moyne	16.93	1	2.1
7	Alexis Rodriguez	FR	Daemen	17.12	1	2.1
8	Lily Rexford	FR	St. John Fisher	17.48	2	1.8
9	April Jacobs	FR	SUNY Geneseo	17.64	3	1.3
10	Zoe Noble	FR	Rochester	18.38	2	1.8
11	Abigail Seamans	SO	Rochester	19.28	2	1.8
12	Hayden Williamson	SO	Houghton	19.78	2	1.8
13	Mackenzie Gillette	SO	Alfred State	20.05	3	1.3
14	Samantha Luba	FR	Nazareth	20.06	3	1.3
15	Sydney LaSalle	FR	Nazareth	20.11	3	1.3
16	Adrainna Gill	FR	Alfred State	20.46	2	1.8
17	Sarah Daunce	SO	Alfred State	20.78	3	1.3

Men 110 meter Hurdles
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Brendan Style	SO	SUNY Geneseo	15.24	1	0.6
2	Caleb Clarke	JR	SUNY Geneseo	15.93	1	0.6
3	Holden Thomas	FR	Nazareth	16.05	1	0.6
4	Erik Matthews	SR	Daemen	16.08	1	0.6
5	Eric Antonecchia	FR	RIT	16.52	1	0.6
6	Avery Belanger	FR	Houghton	16.85	1	0.6
7	Luke Defio	SO	St. John Fisher	16.87	2	1.6
8	Ryan DeShane	FR	Nazareth	17.24	2	1.6
9	Pedro Moscoso	SO	Roberts Wesleyan	17.47	2	1.6
10	Jesse Johnson	JR	Alfred State	17.52	1	0.6
11	Kyle Brown	JR	Alfred State	19.19	2	1.6
12	Connor Beagle	SO	Roberts Wesleyan	21.89	2	1.6
13	Caleb Carr	SO	Brockport St.	23.55	2	1.6

Women 400 meter Dash
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Susan Bansbach	SR	Rochester	55.41	1	
2	Madeline O'Connell	SR	Rochester	56.29	1	
3	Kristin Hardy	SR	Rochester	57.25	1	
4	Brenna Johnson	SR	Nazareth	57.78	1	
5	Kate Isaac	JR	Rochester	57.92	1	
6	Juliana Klimow	SO	SUNY Geneseo	59.36	1	
7	McKenna Johnson	FR	SUNY Geneseo	1:01.29	1	
8	Tori Fears	JR	SUNY Geneseo	1:02.03	1	
9	Courtney Bostic	FR	Brockport St.	1:02.90	2	
10	Isabella Heath	JR	Nazareth	1:03.65	2	
11	Mary Shaker	SO	Houghton	1:03.66	2	
12	Catherine Durant	JR	Le Moyne	1:05.24	2	
13	Tsianna Barnwell	SR	D'Youville	1:05.25	4	
14	Rita Sciortino	FR	Rochester	1:06.02	3	
15	Noelle Linenfelser	FR	Houghton	1:06.33	2	
16	Cayla Hungerford	JR	Le Moyne	1:07.01	4	
17	Autumn Cole	SO	Brockport St.	1:07.18	3	
18	Grace Gominiak	FR	Daemen	1:07.43	3	
19	Lainie Smith	FR	D'Youville	1:07.63	4	
20	Ashley Holt	SO	St. John Fisher	1:09.24	3	
21	Kendra Watson	SR	Rochester	1:09.73	3	
22	Neissa Raymond	SO	Daemen	1:10.41	4	
23	Anastasiia Horova	FR	D'Youville	1:10.78	4	
24	Chelsea Dennison	FR	Le Moyne	1:11.22	3	
25	Sandra Kwasniak	SO	Oswego State	1:12.32	2	

Men 400 meter Dash
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Kieran Sheridan	SR	SUNY Geneseo	47.65	1	
2	Jacob Miller	FR	SUNY Geneseo	48.23	1	
3	Jason Rappazzo	JR	SUNY Geneseo	48.65	1	
4	Luke Lyons	SR	Rochester	48.97	1	
5	Mitchell Lienert	JR	Rochester	49.42	1	
6	Mike Welch	SR	Nazareth	50.20	1	

7	Jaylen Savage	FR	Nazareth	50.63	1
8	Max Creamer	JR	Rochester	50.76	2
9	Andrew Kent	FR	SUNY Geneseo	50.83	1
10	Marcus Lewis	FR	SUNY Geneseo	50.94	3
11	Brandon Scott	SO	Le Moyne	51.13	2
12	Aaron Langston	FR	SUNY Geneseo	51.49	3
13	Colin Hascup	SO	Rochester	51.51	2
14	Benjamin Pochobradsky	FR	RIT	51.61	3
15	Connor Scott	FR	Le Moyne	51.75	3
16	Kevin Fischer	SR	Brockport St.	51.82	2
17	Brian Clark	SO	Alfred State	52.38	5
18	Payton Hirsch	FR	Le Moyne	52.43	3
19	Christopher Dorney	SR	Oswego State	52.53	4
20	Jordan Johnson	FR	Le Moyne	52.68	5
21	Brett Doxsee	FR	SUNY Geneseo	52.87	4
22	Patrick Martin	SO	Roberts Wesleyan	53.02	3
23	Joseph Nettles	SO	Nazareth	53.42	3
24	Christian Figueroa	FR	St. Bonaventure	53.42	4
25	Noah Engel	SO	Nazareth	53.53	3
26	Josh Brito	FR	Houghton	54.00	4
27	Arrad Tausif	FR	Brockport St.	54.72	4
28	James Hoffman	SO	St. Bonaventure	54.88	5
29	Jason Kincaid	JR	St. John Fisher	55.91	6
30	Nasir Carr	FR	Finger Lakes CC	56.47	6
31	Mathieu Acquard	SR	St. John Fisher	56.53	5
32	Zach Rudewicz-Nepokroeff	JR	Alfred State	56.76	5
33	Elias Adamson-Endres	FR	Brockport St.	1:00.12	6
34	Matthew Morrison	FR	Oswego State	1:01.42	2

Women 100 meter Dash

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Lydia Ware	JR	Roberts Wesleyan	12.47	1	2.4
2	Mia Montgomery	SR	Brockport St.	12.77	2	1.4
3	Megan Bell	SO	Rochester	12.83	2	1.4
4	Josephine Lewis	SR	SUNY Geneseo	12.97	2	1.4
5	Alaina Morley	FR	Nazareth	13.01	1	2.4
6	Annabelle Shanks	SO	Rochester	13.06	2	1.4
7	Christina Kyriacou	FR	Rochester	13.08	1	2.4
8	Lawery Edwards	FR	Alfred State	13.15	3	2.3
9	Hannah Siewert	SO	Houghton	13.17	3	2.3
10	Madeline Cole	JR	Alfred State	13.19	3	2.3
11	Margaret Guilfoyle	SO	SUNY Geneseo	13.21	6	0.5
12	Shiana Susa	FR	Nazareth	13.24	2	1.4
13	Allison Lennebacker	SO	St. John Fisher	13.26	3	2.3
14	Maya Hatch	SO	Rochester	13.31	3	2.3
15	Ci'yana Purnell	FR	Roberts Wesleyan	13.34	3	2.3
16	Alexis Lasher	FR	Nazareth	13.50	2	1.4
17	Stefani Teglash	SR	SUNY Geneseo	13.59	4	0.6
18	McKenzie Leahey	SR	Nazareth	13.62	2	1.4
19	Yeidi Yuja	SO	Rochester	13.67	3	2.3
20	Olivia Smock	SO	SUNY Geneseo	13.70	4	0.6
21	Meghan Litteer	FR	St. Bonaventure	13.71	1	2.4
22	Quinn Taylor	JR	Rochester	13.84	4	0.6
23	Paige Lundgren	SO	St. John Fisher	13.85	4	0.6
24	Hannah Heinl	SO	Houghton	13.94	4	0.6
25	Emily Salman	SO	Rochester	14.12	4	0.6
26	April Jacobs	FR	SUNY Geneseo	14.15	6	0.5
27	Rania Sabri	FR	RIT	14.19	3	2.3
28	Chyra Patterson	JR	Brockport St.	14.23	5	2.9
29	Ashley Holt	SO	St. John Fisher	14.38	4	0.6
30	Sandra Kwasniak	SO	Oswego State	14.72	5	2.9

31	Abigail Seamans	SO	Rochester	14.76	5	2.9
32	Anastasiia Horova	FR	D'Youville	14.80	6	0.5
33	Hannah Pinnock	FR	Oswego State	14.98	5	2.9
34	Jackie Janicki	FR	Oswego State	15.22	5	2.9
35	Katelyn Baez	FR	Oswego State	15.49	5	2.9
36	Grace Kuhnel	FR	Oswego State	16.33	5	2.9
37	Julia Sponable	FR	D'Youville	18.11	5	2.9

Men 100 meter Dash

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	P.J. London	SO	Rochester	10.95	1	0.5
2	Nicholas Florczak	FR	Alfred State	11.06	1	0.5
3	Howard Nix	FR	Brockport St.	11.18	1	0.5
4	Bryan Jacobs	SO	SUNY Geneseo	11.22	1	0.5
5	Dan Mars	FR	Oswego State	11.34	2	0.9
6	Manny Eribo	SO	Rochester	11.37	1	0.5
7	Jahlique Johnson	SO	Roberts Wesleyan	11.51	1	0.5
8	Brennan Lewandowski	SO	Houghton	11.53	4	3.0
9	Evan Frost	FR	SUNY Geneseo	11.55	1	0.5
10	Nathan Roehrig	FR	Brockport St.	11.56	2	0.9
11	Ayden Grinion	FR	Brockport St.	11.58	5	2.4
12	Brock Young	FR	St. John Fisher	11.60	2	0.9
13	Oliver Annon	FR	Rochester	11.77	2	0.9
14	Nicholas Hafner	JR	Le Moyne	11.83	3	2.4
15	Alex Reyes	FR	Oswego State	11.87	2	0.9
16	Ryan Delaine	SO	St. John Fisher	11.89	4	3.0
17	Joland Louisaint	FR	Alfred State	11.90	4	3.0
18	Sam Tuttle	JR	Brockport St.	11.92	3	2.4
19	DeShawn Owens	FR	Finger Lakes CC	12.00	3	2.4
20	Connor McCauslin	SR	Nazareth	12.04	1	0.5
21	Ousmane Diallo	SR	Oswego State	12.21	3	2.4
22	Jordan Cancel	SO	Brockport St.	12.26	5	2.4
23	Nasir Carr	FR	Finger Lakes CC	12.31	4	3.0
24	Jose Rivera	FR	Finger Lakes CC	12.62	4	3.0
25	Hayden Grover	SO	Daemen	12.63	4	3.0
26	Gavin Henderson	SO	St. John Fisher	12.90	4	3.0
27	Andrew Seniawski	SO	Roberts Wesleyan	14.37	5	2.4

Women 800 meter Run

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Adria Magnusson	FR	St. Bonaventure	2:22.27	1	
2	Kassandra Nolet	SR	Daemen	2:23.37	1	
3	Nicole Gretzinger	FR	SUNY Geneseo	2:25.77	2	
4	Hannah Thomas	JR	Daemen	2:26.07	1	
5	Sevilla Groebe	FR	D'Youville	2:26.35	1	
6	Carissa Minarovich	SR	Rochester	2:26.44	1	
7	Miah Lee	JR	SUNY Geneseo	2:27.36	2	
8	Kaylee Haynes	SO	Brockport St.	2:28.13	2	
9	Emma Grzebinski	SO	Daemen	2:28.24	2	
10	Sab Lin	SO	Rochester	2:29.18	1	
11	Cleo Baker	JR	Le Moyne	2:29.20	2	
12	Sarah Davis	SO	Brockport St.	2:29.77	2	
13	Camryn Bailey	SO	Daemen	2:30.56	3	
14	Olivia Ippolito	SO	St. Bonaventure	2:31.83	2	
15	Leigha Gould	JR	Nazareth	2:32.30	2	
16	Julia Lantner	FR	Rochester	2:34.57	3	
17	Kyra Binney	FR	Houghton	2:34.60	1	

18	Alexis Nguyen	FR	Daemen	2:34.87	3
19	Georgia Hanley	FR	St. Bonaventure	2:35.07	3
20	Isabella Doty	FR	Rochester	2:37.13	3
21	Riley Jameson	SO	St. John Fisher	2:38.36	3
22	Camryn Cwiklinski	SO	St. Bonaventure	2:39.02	3
23	Mia Winters	FR	St. Bonaventure	2:40.49	3
24	Amanda Brunken	SO	RIT	2:41.15	3
25	Molly Gipson	FR	St. Bonaventure	2:41.94	3
26	Bonnie Dong	JR	Rochester	2:42.38	4
27	Alexandra Jacob	FR	Le Moyne	2:42.39	3
28	Lexi Trautwein	FR	Alfred State	2:43.10	4
29	Lexie Hillman	FR	D'Youville	2:43.61	4
30	Mary Trost	FR	St. Bonaventure	2:46.85	4
31	Rachael Smith	FR	Houghton	2:47.26	4
32	Ashlyn Ambrose	FR	D'Youville	2:49.18	4
33	Gretchen Dowd	SO	Oswego State	2:51.15	4
34	Brielle McShane	FR	St. Bonaventure	2:56.85	4
35	Summer Kier	JR	Alfred State	2:58.10	4
36	Annaliese Hersom	JR	Alfred State	3:00.21	5
37	Aubrie Cole	SO	Houghton	3:01.14	4
38	Sara Togni	FR	St. John Fisher	3:18.56	5

Men 800 meter Run

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Daniel Ford	JR	Rochester	1:55.76	1	
2	Sean Hendricks	SO	Rochester	1:58.21	2	
3	Brendan McCollum	FR	Rochester	1:58.27	1	
4	Eddie Scroxton	SO	Alfred State	1:59.02	2	
5	Aiden Scattergood	FR	St. Bonaventure	1:59.51	1	
6	Zach Gauronski	SR	SUNY Geneseo	1:59.94	1	
7	Cassidy Gilmore	FR	Brockport St.	2:00.24	2	
8	Frank Bubbico	SO	SUNY Geneseo	2:00.52	1	
9	Konstantin Dits	SR	Rochester	2:00.58	4	
10	Bryan Friedel	FR	SUNY Geneseo	2:00.91	2	
11	Gavin McAllister	FR	Nazareth	2:01.34	1	
12	James Eustace	SO	Houghton	2:02.35	3	
13	Zane Courtwright	JR	St. Bonaventure	2:02.89	2	
14	Kieran Ryan	JR	St. Bonaventure	2:03.10	2	
15	Christian Voloshen	JR	Rochester	2:03.12	1	
16	Makaio Sutton	FR	Roberts Wesleyan	2:04.55	3	
17	Connor O'Brien	SO	Daemen	2:04.61	2	
18	Matthew Quinn	SO	Brockport St.	2:04.69	4	
19	JJ Montemaro	FR	Brockport St.	2:05.05	3	
20	Evan Breitbeck	SO	Le Moyne	2:05.19	3	
21	Julian Corbeaux	SR	SUNY Geneseo	2:05.80	3	
22	Amos Bixler	FR	Houghton	2:05.82	3	
23	Dylan Esquivel	SO	St. John Fisher	2:06.35	3	
24	Lucas Sharron	JR	Nazareth	2:06.79	1	
25	Darion Gregory	SR	St. Bonaventure	2:06.91	3	
26	James Hoffman	SO	St. Bonaventure	2:07.24	4	
27	Brian Clark	SO	Alfred State	2:08.06	3	
28	Brian Gleason	JR	St. Bonaventure	2:08.81	2	
29	Owen Noecker	SO	St. Bonaventure	2:09.10	4	
30	Wyatt Hulsey	SR	St. Bonaventure	2:09.46	4	
31	Josh Trometer	FR	Daemen	2:10.03	4	
32	Joe Cataldo	FR	Nazareth	2:10.30	4	
33	Jack Salzman	SO	Brockport St.	2:11.86	3	
34	Evan Davis	JR	Roberts Wesleyan	2:12.56	5	
35	Tyler Schott	FR	St. Bonaventure	2:13.27	4	
36	Phillip Ceccarelli	SO	Daemen	2:14.64	3	
37	Colin Campbell	SO	Houghton	2:15.21	5	

38	James Fitzmaurice	SO	St. Bonaventure	2:16.86	4
39	Ryan Murphy	SR	St. Bonaventure	2:17.46	5
40	Mathieu Acquard	SR	St. John Fisher	2:18.21	4
41	Maxwell Chiarella	FR	Alfred State	2:20.91	5
42	Jacob DiGiovanni	SO	Finger Lakes CC	2:29.17	5
43	Michael McCutcheon	FR	Houghton	2:30.74	5
44	Isaac Gasparri	FR	Houghton	2:51.11	5

Men 400 meter Hurdles

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Lance Jensen	SO	SUNY Geneseo	52.75	1	
2	John Goldszer	JR	SUNY Geneseo	54.22	1	
3	Stephen Hoare	JR	SUNY Geneseo	54.79	1	
4	Brendan Style	SO	SUNY Geneseo	56.04	1	
5	Erik Matthews	SR	Daemen	57.87	1	
6	John Ruggio	JR	St. John Fisher	58.25	1	
7	Pedro Moscoso	SO	Roberts Wesleyan	59.12	2	
8	Luke Defio	SO	St. John Fisher	59.58	2	
9	Holden Thomas	FR	Nazareth	59.81	2	
10	Christopher Dorney	SR	Oswego State	1:00.53	2	
11	Marshall Testa	SO	SUNY Geneseo	1:01.51	2	
12	Spencer Zeltmann	FR	Le Moyne	1:01.96	3	
13	Eric Antonecchia	FR	RIT	1:02.38	3	
14	Samir Laroussi	SO	Daemen	1:02.79	3	
15	Avery Belanger	FR	Houghton	1:03.84	3	
16	Jordan Schlagenhauf	FR	Roberts Wesleyan	1:04.00	3	
17	Kyle Brown	JR	Alfred State	1:04.84	2	
18	Zach Piper	FR	St. John Fisher	1:05.51	4	
19	Bogdan Rozvora	SR	St. John Fisher	1:07.44	3	
20	Connor Beagle	SO	Roberts Wesleyan	1:11.65	4	

Women 200 meter Dash

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Susan Bansbach	SR	Rochester	24.90	1	1.8
2	Kristin Hardy	SR	Rochester	25.17	1	1.8
3	Kate Koutsourades	JR	SUNY Geneseo	25.57	1	1.8
4	Sam Pynn	SO	SUNY Geneseo	25.68	1	1.8
5	Juliana Klimow	SO	SUNY Geneseo	25.97	1	1.8
6	Sarah Levine	SR	Brockport St.	26.07	5	2.0
7	Kayla Huba	FR	SUNY Geneseo	26.09	1	1.8
8	Catherine Durant	JR	Le Moyne	27.39	3	1.0
9	Natalie Lavello	SO	Le Moyne	27.42	1	1.8
10	Josephine Lewis	SR	SUNY Geneseo	27.44	2	1.8
11	Courtney Bostic	FR	Brockport St.	27.45	2	1.8
12	Michelle Fitting	SO	SUNY Geneseo	27.49	3	1.0
13	Jael Ernest Fleurant	SR	Rochester	27.60	2	1.8
14	Christina Kyriacou	FR	Rochester	27.71	2	1.8
15	Abrianna Kruger	JR	SUNY Geneseo	27.73	2	1.8
16	Maya Hatch	SO	Rochester	27.85	4	2.2
17	Sydney LaSalle	FR	Nazareth	27.87	4	2.2
18	Lauren Bendall	JR	Nazareth	27.96	3	1.0
19	Sydney Vanderhoof	SR	Nazareth	28.07	4	2.2
20	Hannah Ragule	JR	Nazareth	28.11	2	1.8
21	Alexis Lasher	FR	Nazareth	28.15	3	1.0
22	Meghan Litteer	FR	St. Bonaventure	28.23	5	2.0
23	Hannah Heinl	SO	Houghton	28.40	3	1.0
24	Mary Shaker	SO	Houghton	28.42	3	1.0

25	Paige Lundgren	SO	St. John Fisher	28.46	4	2.2
26	Ci'yana Purnell	FR	Roberts Wesleyan	28.50	3	1.0
27	Stefani Teglash	SR	SUNY Geneseo	28.55	2	1.8
28	Rebecca Schultz	FR	Daemen	28.73	5	2.0
29	Tsianna Barnwell	SR	D'Youville	28.77	6	2.0
30	Autumn Cole	SO	Brockport St.	28.85	6	2.0
31	Noelle Linenfelser	FR	Houghton	28.93	5	2.0
32	Alexis Rodriguez	FR	Daemen	29.04	4	2.2
33	Chyra Patterson	JR	Brockport St.	29.16	6	2.0
34	Rita Sciortino	FR	Rochester	29.17	5	2.0
35	Grace Gominiak	FR	Daemen	29.19	5	2.0
36	Emily Salman	SO	Rochester	29.32	5	2.0
37	Roxanne Barnes	SO	Oswego State	29.56	7	2.0
38	Lily Rexford	FR	St. John Fisher	29.65	5	2.0
39	Chelsea Dennison	FR	Le Moyne	29.78	4	2.2
40	Safia Sesay	FR	Brockport St.	29.78	7	2.0
41	Adrainna Gill	FR	Alfred State	30.23	6	2.0
42	Leilani Sloan	SO	Alfred State	30.52	4	2.2
43	Anastasiia Horova	FR	D'Youville	30.62	6	2.0
44	Sandra Kwasniak	SO	Oswego State	31.11	7	2.0
45	Hannah Pinnock	FR	Oswego State	31.33	6	2.0
46	Zoe Noble	FR	Rochester	31.40	6	2.0
47	Jackie Janicki	FR	Oswego State	32.09	7	2.0
48	Heather Sponton	FR	Alfred State	32.96	7	2.0
49	Katelyn Baez	FR	Oswego State	33.99	7	2.0
50	Grace Kuhnel	FR	Oswego State	34.87	7	2.0
51	Julia Sponable	FR	D'Youville	37.90	7	2.0

Men 200 meter Dash

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Mike Welch	SR	Nazareth	22.30	1	2.7
2	Shawn Rosa	JR	Alfred State	22.59	3	2.4
3	P.J. London	SO	Rochester	22.66	1	2.7
4	Dan Mars	FR	Oswego State	22.71	2	2.4
5	Michael Durski	FR	Brockport St.	22.77	1	2.7
6	Jaylen Savage	FR	Nazareth	22.83	1	2.7
7	Brandon Scott	SO	Le Moyne	22.93	1	2.7
8	Brennan Lewandowski	SO	Houghton	23.14	2	2.4
9	Esaias Brumfield	JR	Alfred State	23.20	1	2.7
10	Benjamin Pochobradsky	FR	RIT	23.21	2	2.4
11	Aadit Jain	FR	Rochester	23.22	2	2.4
12	Payton Hirsch	FR	Le Moyne	23.33	2	2.4
13	Chris Tremblay	SR	RIT	23.39	6	1.7
14	Evan Frost	FR	SUNY Geneseo	23.43	2	2.4
15	Jordan Johnson	FR	Le Moyne	23.44	2	2.4
16	Nathan Roehrig	FR	Brockport St.	23.53	3	2.4
17	Brock Young	FR	St. John Fisher	23.62	4	
18	Tyrell Whitaker	SO	Daemen	23.72	3	2.4
19	Samir Laroussi	SO	Daemen	23.73	4	
20	Alex Reyes	FR	Oswego State	23.76	3	2.4
21	Noah Engel	SO	Nazareth	23.87	3	2.4
22	Colin Hascup	SO	Rochester	23.98	4	
23	Peter Anderson	SO	RIT	24.21	3	2.4
24	Josh Brito	FR	Houghton	24.32	4	
25	Christopher Dorney	SR	Oswego State	24.40	4	
26	Sam Tuttle	JR	Brockport St.	24.50	5	1.6
27	Cyril Anderson	FR	Le Moyne	24.56	5	1.6
28	DeShawn Owens	FR	Finger Lakes CC	24.59	6	1.7
29	Jake Williams	SO	Finger Lakes CC	24.60	5	1.6
30	Jordan Cancel	SO	Brockport St.	24.63	5	1.6
31	Joland Louisaint	FR	Alfred State	24.69	6	1.7

32	Collin Nasso	SO	Houghton	24.85	5	1.6
33	Ryan Delaine	SO	St. John Fisher	25.01	5	1.6
34	Ousmane Diallo	SR	Oswego State	25.47	4	
35	Nasir Carr	FR	Finger Lakes CC	25.57	6	1.7
36	Jose Rivera	FR	Finger Lakes CC	26.06	6	1.7
37	Gavin Henderson	SO	St. John Fisher	26.32	6	1.7
38	John Zimmerman	SO	Finger Lakes CC	26.38	6	1.7
39	Andrew Seniawski	SO	Roberts Wesleyan	30.36	6	1.7

Women 5000 meter Run

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Patsy Oberholzer	FR	Daemen	19:10.14	1	
2	Sophia Bisognano	SO	Le Moyne	19:43.06	1	
3	Cristina Gaskiewicz	FR	Oswego State	20:03.87	1	
4	Claire Cuneo	FR	St. Bonaventure	20:06.37	1	
5	Megan Morin	SR	Nazareth	20:32.95	1	
6	Jenna Gregory	FR	St. Bonaventure	20:39.03	1	
7	Anita Jephchirchir	SO	Le Moyne	20:48.35	1	
8	Lauren McGee	JR	St. Bonaventure	20:54.76	1	
9	Olivia Furman	JR	Brockport St.	21:11.95	1	
10	Emma Cain	SO	Daemen	21:14.50	1	
11	Anna Tessier	FR	SUNY Geneseo	21:18.54	1	
12	Audrey Carragher	SO	St. John Fisher	21:33.34	1	
13	Phebe Grant	FR	Houghton	21:54.22	1	
14	Natalia Biehl-Narvaez	FR	SUNY Geneseo	22:08.75	1	
15	Taylor Hoffman	FR	St. John Fisher	22:09.62	1	
16	Hayley Pizur	FR	Daemen	23:21.27	1	

Men 5000 meter Run

Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Zach Tucker	SO	Houghton	15:58.12	1	
2	Aidan Glynn	SO	SUNY Geneseo	16:14.50	1	
3	Anson Butler	FR	SUNY Geneseo	16:21.81	1	
4	Ben Allen	FR	Houghton	16:23.46	2	
5	Ethan Kenyon	SO	Nazareth	16:29.45	1	
6	Cam Almy	FR	Nazareth	16:34.48	1	
7	Casey Malloy	FR	St. Bonaventure	16:35.54	2	
8	Ethan Glashauser	JR	Nazareth	16:41.75	1	
9	Antonio Benitez	FR	Nazareth	16:43.97	1	
10	Chris Cammisa	FR	Brockport St.	16:47.75	1	
11	Conor Quinn	SO	St. Bonaventure	16:49.32	2	
12	Jack Gibson	SO	Le Moyne	16:51.81	1	
13	Ethan Luce	FR	St. Bonaventure	16:53.34	1	
14	Brian Kenny	FR	SUNY Geneseo	16:54.11	2	
15	Sam Lyon	SO	Houghton	16:57.56	2	
16	Jordan Washburn	FR	Brockport St.	16:59.96	2	
17	Michael Sanders	SR	Roberts Wesleyan	17:11.96	2	
18	Maxwell Serling	JR	Le Moyne	17:26.43	2	
19	Alex Puchta	FR	Brockport St.	17:34.29	2	
20	Ethan Morales	FR	St. John Fisher	17:49.69	2	
21	John Balch	SO	Daemen	17:57.49	2	
22	Connor Jackson	FR	Nazareth	18:05.10	1	
23	Andrew Hvidsak	SO	Alfred State	18:14.47	2	
24	Brad Laquidari	SR	Oswego State	18:33.36	2	
25	Laertes Cushing	SO	Daemen	18:34.84	2	
26	Patrick Barrera	FR	Brockport St.	18:52.98	2	
27	Jeremy Pennock	SO	Alfred State	20:44.19	2	

28 Christian Spreizer SO Alfred State 22:35.20 2

Women 4x400 Meter Relay
Finals

NAME	YR	TEAM	MARK	H#	WIND
1		SUNY Geneseo	4:03.55	1	
2		Brockport St.	4:20.11	1	
3		D'Youville	4:25.98	1	
4		St. Bonaventure	4:27.79	1	
5		Rochester	4:28.14	1	
6		Le Moyne	4:48.37	1	

Men 4x400 Meter Relay
Finals

NAME	YR	TEAM	MARK	H#	WIND
1		SUNY Geneseo	3:13.16	1	
2		SUNY Geneseo	3:22.49	1	
3		Rochester	3:27.38	1	
4		Alfred State	3:27.90	1	
5		Daemen	3:31.60	1	
6		Roberts Wesleyan	3:35.76	1	
7		Rochester	3:36.27	2	
8		St. Bonaventure	3:36.50	2	
9		Brockport St.	3:37.28	2	
10		Le Moyne	3:41.28	1	
11		St. John Fisher	3:49.54	2	
12		Le Moyne	4:04.15	2	

Women Long Jump
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Mia Montgomery	SR	Brockport St.	5.72m	3	0.5
2	Michaela Kurbs	JR	St. John Fisher	5.57m	3	1.2
3	Katelyn Jacques	SO	SUNY Geneseo	5.54m	3	0.9
4	Brenna Johnson	SR	Nazareth	5.49m	3	1.5
5	Alyssa Hoogs	SR	Rochester	5.25m	3	1.0
6	Alyssa Amirato	SO	Daemen	5.23m	3	+0.0
7	McKenzie Leahey	SR	Nazareth	5.20m	2	0.1
8	Sam Pynn	SO	SUNY Geneseo	5.18m	3	0.8
9	Ally Alvira	SO	SUNY Geneseo	5.17m	3	1.1
10	Hannah Ragule	JR	Nazareth	5.16m	3	+0.0
11	Kayla Huba	FR	SUNY Geneseo	5.12m	2	1.0
12	Ashleigh Barrett	FR	Rochester	5.09m	3	1.2
13	Lilly Capria	FR	Le Moyne	5.08m	2	+0.0
14	Abigail Seaman	FR	Le Moyne	5.06m	2	0.1
15	Veronica Duell	SO	St. John Fisher	5.04m	3	1.3
16	Allyson Surowick	SO	SUNY Geneseo	5.01m	3	0.8
16	Lanna Wandy	SO	SUNY Geneseo	5.01m	2	1.2
18	Isabella Heath	JR	Nazareth	4.87m	2	1.2
19	Madeline Cole	JR	Alfred State	4.85m	1	0.6
20	Madison Snayczuk	SO	Alfred State	4.84m	2	0.2
21	Lena Kiehl	SO	SUNY Geneseo	4.83m	2	0.2
22	Janelle Eckl	SO	SUNY Geneseo	4.82m	3	1.3
23	Sydney LaSalle	FR	Nazareth	4.81m	2	0.4
24	Olivia Smock	SO	SUNY Geneseo	4.74m	3	2.0
25	Alaina Morley	FR	Nazareth	4.68m	2	1.0

26	Yeidi Yuja	SO	Rochester	4.55m	1	1.3
27	Rebecca Schultz	FR	Daemen	4.54m	2	0.2
28	Hayden Williamson	SO	Houghton	4.50m	1	1.3
29	Quinn Taylor	JR	Rochester	4.47m	2	0.1
30	Katie Widmer	SO	Houghton	4.44m	1	0.2
31	Abigail Nuzzo	FR	Houghton	4.40m	1	1.5
32	Laura Walter	SO	Alfred State	4.37m	1	0.4
33	Angelina Natale	FR	Daemen	4.34m	1	1.1
34	Miah Idzi	SO	Houghton	4.32m	1	+0.0
35	Chyra Patterson	JR	Brockport St.	4.29m	1	+0.0
36	Sydney Taylor	SO	Daemen	4.24m	1	+0.0
37	Safia Sesay	FR	Brockport St.	3.89m	1	1.1

Men Long Jump
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Frederick Liu	SR	Rochester	6.98m	3	0.2
2	Sam Lorenzetti	SO	Rochester	6.85m	3	+0.0
3	Manny Eribo	SO	Rochester	6.82m	3	2.1
4	Bryan Jacobs	SO	SUNY Geneseo	6.80m	3	2.5
5	Hunter Zangerle	FR	Brockport St.	6.75m	3	+0.0
6	Adam Reifsteck	FR	Nazareth	6.45m	3	2.1
7	Howard Nix	FR	Brockport St.	6.42m	3	0.5
8	Connor Scott	FR	Le Moyne	6.37m	1	1.9
8	Brandon Scott	SO	Le Moyne	6.37m	3	+0.0
10	Julian Hopkins	SR	RIT	6.31m	3	+0.0
11	Erik Matthews	SR	Daemen	6.28m	3	1.7
12	Adam Specht	SO	SUNY Geneseo	6.15m	3	1.3
13	Dylan Olson	SO	SUNY Geneseo	6.14m	3	1.4
14	Spencer Zeltmann	FR	Le Moyne	6.04m	2	1.2
15	Sean Cochran	JR	St. John Fisher	6.00m	2	+0.0
16	Ryan DeShane	FR	Nazareth	5.96m	1	+0.0
17	D'Andre Hunter	JR	Brockport St.	5.90m	2	0.9
17	Nolan Hillhouse	JR	Le Moyne	5.90m	2	1.0
19	Gavin Luckey	JR	Houghton	5.87m	2	1.1
20	Avery Belanger	FR	Houghton	5.81m	1	+0.0
20	Nicholas Hafner	JR	Le Moyne	5.81m	2	1.2
22	Jason Bletsko	FR	Nazareth	5.79m	2	0.1
23	Kyle Reid	SO	Nazareth	5.78m	2	0.9
24	Jason Marchincin	FR	Nazareth	5.70m	1	1.3
25	Jacob Schmid	SO	SUNY Geneseo	5.65m	1	2.0
26	Caleb Clarke	JR	SUNY Geneseo	5.63m	1	1.2
27	Aden Alexander	FR	Alfred State	5.53m	2	0.5
28	Jason Weng	FR	St. John Fisher	5.48m	1	0.3
29	DeShawn Owens	FR	Finger Lakes CC	5.47m	1	0.9
30	Kuyler Coffin	FR	St. John Fisher	5.42m	1	+0.0
31	Dillon Murphy	FR	Brockport St.	5.37m	1	+0.0
32	Oliver Annon	FR	Rochester	5.25m	2	0.8
33	Jordan Cancel	SO	Brockport St.	5.19m	1	1.2
34	Zach Piper	FR	St. John Fisher	5.04m	1	1.5
35	Mikhail Sokoloff	SO	Roberts Wesleyan	4.86m	1	1.2
36	Hayden Grover	SO	Daemen	4.82m	1	0.2
37	Gabe Wilson	FR	Nazareth	4.26m	2	+0.0

Women Triple Jump
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Katelyn Jacques	SO	SUNY Geneseo	11.90m	2	2.5
2	Ally Alvira	SO	SUNY Geneseo	11.52m	2	2.1

3	Mia Montgomery	SR	Brockport St.	11.22m	2	+0.0
4	Alyssa Hoogs	SR	Rochester	11.17m	2	3.0
5	Alyssa Ambrisco	JR	Waynesburg	11.01m	2	1.2
6	Abigail Seaman	FR	Le Moyne	10.98m	2	1.3
6	Alyssa Amirato	SO	Daemen	10.98m	1	0.9
8	Lena Kiehl	SO	SUNY Geneseo	10.97m	2	2.0
9	Ashleigh Barrett	FR	Rochester	10.70m	2	1.6
10	Lily Schnell	JR	Alfred State	10.24m	2	1.0
11	Madison Snayczuk	SO	Alfred State	9.97m	1	0.8
12	Safia Sesay	FR	Brockport St.	9.90m	1	1.0
12	Sarah Daunce	SO	Alfred State	9.90m	1	1.4
14	Abigail Nuzzo	FR	Houghton	9.87m	1	1.3
15	Miah Idzi	SO	Houghton	9.82m	1	2.1
16	Rebecca Schultz	FR	Daemen	9.52m	1	0.8
17	Angelina Natale	FR	Daemen	9.49m	1	+0.0
18	Trinity Johnson	FR	Rochester	8.93m	1	1.0

Men Triple Jump
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Cole Goodman	SO	Rochester	15.14m	1	1.4
2	Ivan Lopez-Testillano	SR	St. John Fisher	14.30m	1	-0.5
3	Sam Lorenzetti	SO	Rochester	13.56m	1	1.4
4	D'Andre Hunter	JR	Brockport St.	13.18m	1	0.4
5	Dylan Olson	SO	SUNY Geneseo	12.96m	1	1.0
6	Adam Specht	SO	SUNY Geneseo	12.89m	1	0.6
7	Aden Alexander	FR	Alfred State	12.54m	1	1.3
8	Nolan Hillhouse	JR	Le Moyne	12.31m	1	0.9
9	Ryan DeShane	FR	Nazareth	12.29m	1	0.4
10	Adam Reifsteck	FR	Nazareth	12.25m	1	0.7
11	Hunter Zangerle	FR	Brockport St.	12.19m	1	+0.0
12	Gavin Luckey	JR	Houghton	11.82m	1	+0.0

Women Pole Vault
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Catherine Fox	SR	RIT	3.40m	1	
2	Isabel Morse	FR	Nazareth	3.40m	1	
3	Tess Eichner	SO	Brockport St.	3.25m	1	
4	Nicole Gretzinger	FR	SUNY Geneseo	3.10m	1	
5	Kiara Tornusciolo	FR	Nazareth	2.95m	1	
6	Gianna Batista	FR	SUNY Geneseo	2.80m	1	
7	Emily Frech	SO	St. John Fisher	2.80m	1	
8	Hayly Fredrickson	SO	St. John Fisher	2.65m	1	
8	Claire Lenihan	SR	SUNY Geneseo	2.65m	1	
10	Laura Walter	SO	Alfred State	2.65m	1	
11	Sofie Fischler	SO	Nazareth	2.65m	1	
12	Annalise Grant	FR	Roberts Wesleyan	2.50m	1	
12	Madison Baker	SR	Brockport St.	2.50m	1	
14	Hunter Czajkowski	SO	Brockport St.	2.35m	1	
14	Liz Pavlova	FR	Brockport St.	2.35m	1	
14	Samantha Schlectman	FR	RIT	2.35m	1	
16	Lexi Trautwein	FR	Alfred State	2.35m	1	

Men Pole Vault
Finals

	NAME	YR	TEAM	MARK	H#	WIND
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1	Paul Dunbar	SR	Brockport St.	4.30m	1
2	Noah Koeng	SO	RIT	4.30m	1
3	Tyler Miller	JR	Brockport St.	4.15m	1
4	Chris Weiner	SR	Brockport St.	4.15m	1
5	Brett Patmore	SR	SUNY Geneseo	4.00m	1
5	Jason Bletsco	FR	Nazareth	4.00m	1
7	Memphis Lohnes	SO	Finger Lakes CC	3.85m	1
7	Alexander Bauer	SO	RIT	3.85m	1
9	Drew Allocco	FR	SUNY Geneseo	3.85m	1
10	Aidan Sheahan	JR	RIT	3.70m	1
11	Jack DiLiberto	FR	Brockport St.	3.55m	1
12	Drew Miller	SO	Brockport St.	3.25m	1

Women High Jump
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Sarah Killip	SR	Brockport St.	1.57m	1	
2	Lilly Capria	FR	Le Moyne	1.57m	1	
3	Emma Taggart	JR	Alfred State	1.57m	1	
4	Hayden Williamson	SO	Houghton	1.52m	1	
4	Kassidy Burrows	JR	RIT	1.52m	1	
4	Claudia Vogel	JR	St. John Fisher	1.52m	1	
7	Rhiannon Butchko	FR	Oswego State	1.52m	1	
8	Sydney Taylor	SO	Daemen	1.52m	1	
9	Sarah Jacques	FR	St. John Fisher	1.52m	1	
10	Trinity Johnson	FR	Rochester	1.52m	1	
11	Alaina Morley	FR	Nazareth	1.47m	1	
12	Michelle Fitting	SO	SUNY Geneseo	1.47m	1	
13	Kelly Lucas	FR	D'Youville	1.47m	1	
14	Angela Carlson	SO	St. John Fisher	1.47m	1	
15	Angelina Natale	FR	Daemen	1.42m	1	
16	Katie Pavelchak	FR	Brockport St.	1.42m	1	
16	Emily Abbati	SR	SUNY Geneseo	1.42m	1	
18	Nora Dreslin	FR	Rochester	1.37m	1	

Men High Jump
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Chris Davis	FR	SUNY Geneseo	2.01m	1	
2	Sean Cochrane	JR	St. John Fisher	1.96m	1	
3	Aadit Jain	FR	Rochester	1.91m	1	
4	Jesse Johnson	JR	Alfred State	1.91m	1	
5	Bryant DePaull	FR	St. John Fisher	1.91m	1	
6	Peter Anderson	SO	RIT	1.91m	1	
7	Brennan Lewandowski	SO	Houghton	1.86m	1	
8	A.J. DeVasto	SR	Nazareth	1.81m	1	
9	Dillon Murphy	FR	Brockport St.	1.81m	1	
9	Kyle Reid	SO	Nazareth	1.81m	1	
10	Kuyler Coffin	FR	St. John Fisher	1.76m	1	
11	Gabe Wilson	FR	Nazareth	1.76m	1	
12	Jason Marchincin	FR	Nazareth	1.71m	1	
13	Caleb Clarke	JR	SUNY Geneseo	1.71m	1	

Women Shot Put
Finals

	NAME	YR	TEAM	MARK	H#	WIND
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1	Sarah Crockett	JR	Brockport St.	13.27m	3
2	Cora Rose	SO	Rochester	12.33m	3
3	Makenna King	JR	St. John Fisher	12.25m	3
4	Trinity Dees	FR	Brockport St.	12.16m	3
5	Zoe Conner	SO	SUNY Geneseo	11.81m	3
6	Moriah Mills	SR	Roberts Wesleyan	11.28m	3
7	Lyndsay O'Brien	SR	St. John Fisher	11.23m	3
8	Lauren Jaklitsch	FR	SUNY Geneseo	11.20m	3
9	Katrina Chandler	FR	Brockport St.	11.18m	3
10	Erin McGuinness	FR	St. John Fisher	11.11m	3
11	Rebecca Heuler	SO	Brockport St.	10.99m	2
12	Lea Richard	JR	Nazareth	10.92m	3
13	Liz Spencer	SR	Brockport St.	10.90m	3
14	Sonya Shivok	SO	RIT	10.61m	2
15	Skyler Klimow	FR	SUNY Geneseo	10.53m	2
16	Morgan Torrey	FR	Brockport St.	9.94m	2
17	Nicole Hume	SO	Alfred State	9.91m	2
18	Payton Mehalick	FR	SUNY Geneseo	9.90m	2
19	Katelyn Curry	FR	Alfred State	9.83m	1
20	Madison Kozyra	SO	Le Moyne	9.63m	3
21	Liz Kingston	FR	Brockport St.	9.60m	2
22	Daneya Jeffers	SO	Roberts Wesleyan	9.40m	2
23	Elizabeth Bentley	SO	Daemen	9.26m	1
24	Skye Dorcelly	JR	Daemen	9.00m	2
25	Samantha Kabel	FR	Daemen	8.99m	1
26	Paige Watkins	SO	Roberts Wesleyan	8.90m	1
27	Jazelle McIntyre	FR	St. John Fisher	8.78m	2
28	Ally Flint	JR	Roberts Wesleyan	8.52m	1
29	Abigail Conpropst	SR	Oswego State	8.34m	2
30	Juliette Ventura	FR	Daemen	7.98m	1
31	Caitlyn Vergari	FR	Brockport St.	7.93m	2
32	Anna McNamara	FR	Houghton	7.85m	1
33	Lauren Bendall	JR	Nazareth	7.77m	1
34	Shea Masse	FR	Oswego State	7.74m	1
35	Jaclyn Jorolemon	FR	Nazareth	7.70m	1
36	Caitlin Keating	FR	St. John Fisher	7.63m	1
37	Sydney LaSalle	FR	Nazareth	6.96m	1

Men Shot Put
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Alex Rood	SO	Brockport St.	14.45m	3	
2	Dylan Perlino	SR	Alfred State	13.85m	3	
3	James O'Neill	SR	Rochester	13.36m	3	
3	Yohermy Kpodo	JR	RIT	13.36m	3	
5	John Demy	SR	Brockport St.	12.85m	3	
6	James Olson	SO	Alfred State	12.74m	2	
7	Nolan Ragland	JR	Rochester	12.73m	3	
8	Kevin Fobare	JR	Rochester	12.43m	3	
9	Dean Bartles	FR	RIT	12.39m	3	
10	Michael Saavedra	SR	Oswego State	12.36m	3	
11	Dylan Rykert	JR	Rochester	12.33m	3	
12	Eddie Bedient	FR	RIT	12.26m	2	
13	Joe Bumpus	SR	Rochester	12.05m	2	
14	Matt Muscolo	SO	Brockport St.	12.01m	3	
15	Nicholas Bocach	FR	Brockport St.	11.96m	2	
16	Jordan Johnson	SO	Rochester	11.82m	3	
17	Jordan Moran	JR	Roberts Wesleyan	11.64m	2	
18	Nick Hutson	SR	RIT	11.57m	2	
19	Ashton Glasser	FR	St. John Fisher	11.54m	2	
20	Daniel Stephens	JR	St. John Fisher	11.25m	2	

21	Jacob Carroll	SO	Daemen	10.81m	2
22	Jacob DeWilde	SO	Brockport St.	10.41m	2
23	Adam Cuyler	FR	Oswego State	10.36m	1
24	Hessen Bahgat	SO	Daemen	9.76m	1
25	Chris Reed	FR	Alfred State	9.54m	1
26	Jacob Mitts	FR	Oswego State	9.30m	1
27	Connor Brown	FR	Oswego State	9.25m	1
28	Jonathan McNamara	SO	SUNY Geneseo	8.98m	1
29	Dawson Levan	SO	Roberts Wesleyan	8.91m	1
30	Michael Carlson	FR	Oswego State	8.76m	1
31	Jacob Schmid	SO	SUNY Geneseo	8.49m	1
32	Cyril Anderson	FR	Le Moyne	8.13m	1
33	Jake Williams	SO	Finger Lakes CC	7.60m	1

Women Javelin Throw
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Ayaka Machida	JR	SUNY Geneseo	36.95m	2	
2	Rebecca Heuler	SO	Brockport St.	35.74m	2	
3	Sonya Shivok	SO	RIT	32.75m	2	
4	April Jacobs	FR	SUNY Geneseo	30.90m	2	
5	Abigail Carpenter	SR	RIT	30.63m	2	
6	Juliana Klimow	SO	SUNY Geneseo	29.74m	2	
7	Ashley Dobransky	SO	Le Moyne	29.16m	2	
8	Abigail Nuzzo	FR	Houghton	28.63m	2	
9	Cora Rose	SO	Rochester	26.42m	2	
10	Liz Spencer	SR	Brockport St.	25.39m	2	
11	Claudia Vogel	JR	St. John Fisher	24.64m	2	
12	Jael Ernest Fleurant	SR	Rochester	24.57m	2	
13	Kelly Lucas	FR	D'Youville	23.91m	1	
14	Samantha Kabel	FR	Daemen	23.89m	2	
15	Daneya Jeffers	SO	Roberts Wesleyan	22.86m	1	
16	Lauren Bendall	JR	Nazareth	21.10m	1	
17	Sarah Rivet	JR	Alfred State	20.74m	1	
18	Abrianna Kruger	JR	SUNY Geneseo	20.02m	1	
19	Courtney Ashline	FR	Roberts Wesleyan	19.83m	1	
20	Moriah Mills	SR	Roberts Wesleyan	18.38m	1	
21	Aliza Drabkin	SO	Rochester	18.37m	1	
22	Jessica Kowalski	FR	Roberts Wesleyan	16.96m	1	
23	Skye Dorcelly	JR	Daemen	16.58m	1	
24	Paige Watkins	SO	Roberts Wesleyan	16.46m	1	
25	Shea Masse	FR	Oswego State	13.57m	1	
26	Juliette Ventura	FR	Daemen	13.47m	1	

Men Javelin Throw
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Brett Patmore	SR	SUNY Geneseo	48.13m	2	
2	Bryce Grove	FR	St. John Fisher	47.84m	1	
3	Jordan Johnson	SO	Rochester	47.39m	2	
4	Zajans Crapo	SO	Rochester	47.32m	2	
5	James O'Neill	SR	Rochester	46.62m	2	
6	Derek Walter	JR	Alfred State	43.00m	2	
7	David Shaffer	FR	RIT	42.47m	2	
8	Dylan Rykert	JR	Rochester	38.85m	2	
9	Joe Bumpus	SR	Rochester	38.65m	2	
10	Davyn Gulbrandsen	SO	Alfred State	37.54m	2	
11	Dean Bartles	FR	RIT	37.23m	2	
12	Matt Muscolo	SO	Brockport St.	36.66m	2	

13	Sam Tuttle	JR	Brockport St.	36.14m	2
14	Jason Hammond	SO	Finger Lakes CC	34.70m	1
15	Cole Fuller	SO	St. John Fisher	34.57m	1
16	Hessen Bahgat	SO	Daemen	33.21m	2
16	Jonathan McNamara	SO	SUNY Geneseo	33.21m	1
18	Gavin Fernaays	FR	Finger Lakes CC	32.48m	1
19	Adam Kamagate	FR	Daemen	31.85m	1
20	Cyril Anderson	FR	Le Moyne	31.50m	1
21	Jordan Moran	JR	Roberts Wesleyan	30.35m	1
22	Jake Williams	SO	Finger Lakes CC	28.93m	1
23	Connor Brown	FR	Oswego State	28.11m	1
24	Nicholas Hafner	JR	Le Moyne	27.84m	2
25	Ethan Denzak	SO	St. John Fisher	27.54m	1
26	Aaron Langston	FR	SUNY Geneseo	26.82m	1
27	A.J. DeVasto	SR	Nazareth	26.62m	1
28	Caleb Carr	SO	Brockport St.	23.48m	1
29	Michael Carlson	FR	Oswego State	21.99m	1

Women Hammer Throw
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Zoe Conner	SO	SUNY Geneseo	48.29m	3	
2	Lea Richard	JR	Nazareth	47.23m	3	
3	Sarah Crockett	JR	Brockport St.	45.57m	3	
4	Gillian Reeder	SR	Rochester	44.37m	3	
5	Madison Kozyra	SO	Le Moyne	44.12m	3	
6	Emma Kinnicutt	JR	Brockport St.	43.26m	3	
7	Liv Ilasz	FR	Rochester	42.15m	3	
8	Vanessa Wish	SR	Rochester	41.74m	3	
9	Makenna King	JR	St. John Fisher	41.54m	3	
10	Katrina Chandler	FR	Brockport St.	39.59m	3	
11	Nicole Hume	SO	Alfred State	38.81m	3	
12	Elizabeth Bentley	SO	Daemen	38.66m	3	
13	Caitlyn Vergari	FR	Brockport St.	38.51m	2	
14	Tima Abdellatif	JR	Daemen	38.35m	3	
15	Lauren Jaklitsch	FR	SUNY Geneseo	37.74m	3	
16	Trinity Dees	FR	Brockport St.	37.18m	2	
17	Rebecca Heuler	SO	Brockport St.	36.73m	2	
18	Grace Moyer	SO	Nazareth	35.61m	3	
19	Moriah Mills	SR	Roberts Wesleyan	34.94m	2	
20	Skyler Klimow	FR	SUNY Geneseo	34.89m	2	
21	Courtney Ashline	FR	Roberts Wesleyan	34.20m	2	
22	Samantha Kabel	FR	Daemen	33.66m	2	
23	Liz Spencer	SR	Brockport St.	31.73m	2	
24	Jaclyn Jorolemon	FR	Nazareth	31.66m	2	
25	Erin McGuinness	FR	St. John Fisher	31.49m	2	
26	Daneya Jeffers	SO	Roberts Wesleyan	31.12m	2	
27	Abigail Conpropst	SR	Oswego State	30.52m	2	
28	Payton Mehalick	FR	SUNY Geneseo	29.56m	2	
29	Skye Dorcely	JR	Daemen	26.21m	2	

Men Hammer Throw
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Matthew Jackson	JR	Brockport St.	55.54m	3	
2	Jordan Johnson	SO	Rochester	50.89m	3	
3	Dylan Perlino	SR	Alfred State	50.50m	3	
4	Nolan Ragland	JR	Rochester	47.95m	3	
5	Jack Bickford	SR	St. John Fisher	46.33m	3	

6	James O'Neill	SR	Rochester	45.40m	3
7	Joe Bumpus	SR	Rochester	45.18m	3
8	Jacob DeWilde	SO	Brockport St.	43.83m	3
9	Kevin Fobare	JR	Rochester	40.97m	3
10	John Demy	SR	Brockport St.	39.76m	2
11	Nicholas Bocach	FR	Brockport St.	39.50m	3
12	Alex Rood	SO	Brockport St.	39.41m	3
13	Yohermy Kpodo	JR	RIT	39.09m	2
14	Brandon Kaplan	FR	St. John Fisher	39.02m	3
15	Demar Osbourne	JR	Roberts Wesleyan	37.10m	2
16	Eddie Bedient	FR	RIT	36.89m	2
17	Keegan Reyome	SR	St. John Fisher	36.75m	2
18	Josh Auler	SO	RIT	35.65m	3
19	Bryce Grove	FR	St. John Fisher	34.70m	2
20	Jordan Moran	JR	Roberts Wesleyan	33.62m	2
21	Gavin Grinnell	FR	St. John Fisher	33.47m	2
22	Michael Saavedra	SR	Oswego State	33.01m	2
23	Ryan Goss	FR	Rochester	32.33m	2
24	Ethan Denzak	SO	St. John Fisher	30.52m	2
25	Alexander Kline	SO	Oswego State	30.06m	2
26	Adam Cuyler	FR	Oswego State	27.33m	2
27	Declan Murphy	FR	Nazareth	22.12m	2

Men Discus Throw
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Dylan Perlino	SR	Alfred State	48.01m	3	
2	James O'Neill	SR	Rochester	39.78m	3	
3	Jordan Johnson	SO	Rochester	39.77m	3	
4	Zajans Crapo	SO	Rochester	38.86m	3	
5	Matt Muscolo	SO	Brockport St.	38.46m	3	
6	Kevin Fobare	JR	Rochester	38.33m	3	
7	John Demy	SR	Brockport St.	38.18m	3	
8	Yohermy Kpodo	JR	RIT	37.96m	3	
9	Hessen Bahgat	SO	Daemen	37.46m	2	
10	Bryce Grove	FR	St. John Fisher	35.67m	3	
11	Dylan Rykert	JR	Rochester	35.08m	3	
12	Nolan Ragland	JR	Rochester	34.58m	3	
13	Alex Rood	SO	Brockport St.	33.87m	3	
14	Josh Auler	SO	RIT	33.82m	2	
15	Dean Bartles	FR	RIT	33.45m	3	
16	Joey Curr	FR	St. John Fisher	33.32m	2	
17	Michael Saavedra	SR	Oswego State	32.62m	2	
18	Matthew Jackson	JR	Brockport St.	32.15m	3	
19	James Olson	SO	Alfred State	32.01m	3	
20	Demar Osbourne	JR	Roberts Wesleyan	31.95m	3	
21	Ryan Goss	FR	Rochester	31.54m	2	
22	Jacob Carroll	SO	Daemen	30.60m	2	
23	Chris Reed	FR	Alfred State	30.41m	2	
24	Jacob DeWilde	SO	Brockport St.	30.15m	2	
25	Alexander Kline	SO	Oswego State	29.91m	2	
26	Gavin Grinnell	FR	St. John Fisher	29.21m	2	
27	Nicholas Bocach	FR	Brockport St.	29.03m	2	
28	Cole Fuller	SO	St. John Fisher	28.57m	2	
29	Nick Hutson	SR	RIT	27.15m	2	
30	Jacob Mitts	FR	Oswego State	26.43m	2	

Women 3000 meter Steeplechase
Finals

	NAME	YR	TEAM	MARK	H#	WIND
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1	Mia Winters	FR	St. Bonaventure	11:50.52	1
2	Molly Gipson	FR	St. Bonaventure	12:00.26	1
3	Sab Lin	SO	Rochester	12:14.15	1
4	Alissa Beam	SR	Rochester	12:55.67	1
5	Sabrina Terando	JR	Rochester	13:00.18	1
6	Kennedy McCoy	SO	Houghton	13:10.84	1
7	Allison List	FR	St. John Fisher	13:13.30	1
8	Leah Bisgrove	JR	Brockport St.	13:18.57	1
9	Riley Joseph	FR	Rochester	13:22.92	1
10	Jillian Humphrey	FR	Brockport St.	13:49.88	1
11	Maggie Dolloff	SO	St. John Fisher	13:51.50	1

Women 400 meter Hurdles
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Gwen Shepardson	SR	SUNY Geneseo	1:02.47	1	
2	Megan Bell	SO	Rochester	1:04.61	1	
3	Janelle Eckl	SO	SUNY Geneseo	1:06.18	1	
4	Claire Lenihan	SR	SUNY Geneseo	1:06.31	1	
5	Alexandria Wisniewski	SO	Houghton	1:08.20	1	
6	Hayly Fredrickson	SO	St. John Fisher	1:09.77	2	
7	Sarah Rivet	JR	Alfred State	1:10.40	1	
8	Lanna Wandy	SO	SUNY Geneseo	1:11.13	1	
9	Samantha Luba	FR	Nazareth	1:11.57	2	
10	Shiana Susa	FR	Nazareth	1:11.79	1	
11	Margaret Guilfoyle	SO	SUNY Geneseo	1:12.24	2	
12	Shaina Smith	SO	Le Moyne	1:15.06	2	
13	Alexis Rodriguez	FR	Daemen	1:17.10	2	
14	Katie Widmer	SO	Houghton	1:18.57	2	
15	Olivia Snell	JR	Le Moyne	1:31.22	2	

Women Discus Throw
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Makenna King	JR	St. John Fisher	41.04m	3	
2	Sarah Crockett	JR	Brockport St.	39.18m	3	
3	Madison Kozyra	SO	Le Moyne	37.24m	3	
4	Emma Kinnicutt	JR	Brockport St.	36.36m	3	
5	Cora Rose	SO	Rochester	36.20m	3	
6	Skyler Klimow	FR	SUNY Geneseo	34.90m	3	
7	Moriah Mills	SR	Roberts Wesleyan	34.82m	3	
8	Gillian Reeder	SR	Rochester	34.65m	3	
9	Katrina Chandler	FR	Brockport St.	34.02m	3	
10	Daneya Jeffers	SO	Roberts Wesleyan	32.49m	3	
11	Rebecca Heuler	SO	Brockport St.	32.46m	3	
12	Trinity Dees	FR	Brockport St.	32.03m	2	
13	Liz Spencer	SR	Brockport St.	31.88m	3	
14	Payton Mehalick	FR	SUNY Geneseo	31.48m	3	
15	Nicole Hume	SO	Alfred State	31.28m	3	
16	Samantha Kabel	FR	Daemen	30.82m	2	
17	Lauren Jaklitsch	FR	SUNY Geneseo	28.93m	2	
18	Lea Richard	JR	Nazareth	28.70m	2	
19	Liv Ilasz	FR	Rochester	28.64m	3	
20	Vanessa Wish	SR	Rochester	28.62m	2	
21	Hallie Knapp	FR	St. John Fisher	28.57m	2	
22	Liz Kingston	FR	Brockport St.	28.23m	2	
23	Erin McGuinness	FR	St. John Fisher	27.76m	2	
24	Caitlyn Vergari	FR	Brockport St.	27.69m	3	

25	Morgan Torrey	FR	Brockport St.	27.31m	2
26	Courtney Ashline	FR	Roberts Wesleyan	26.86m	2
27	Abigail Conpropst	SR	Oswego State	26.62m	2
28	Sonya Shivok	SO	RIT	26.43m	2
29	Shea Masse	FR	Oswego State	26.13m	2
30	Lyndsay O'Brien	SR	St. John Fisher	25.49m	2
31	Elizabeth Bentley	SO	Daemen	24.64m	2

Women Heptathlon Overall
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Ashley Heffernan	JR	Rochester	4334	1	
2	Madison Baker	SR	Brockport St.	3345	1	
3	Iva Savic	SR	Rochester	3320	1	
4	Megan Carden	SO	SUNY Broome	3318	1	
5	Renee Simmonds	FR	Indiana (Pa.)	3226	1	
6	Logan Fredrickson	SO	St. John Fisher	2943	1	
7	Julia Largett	FR	Rochester	2805	1	
8	Morgan Sproull	SO	Roberts Wesleyan	2193	1	

Men Decathlon Overall
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Aeden Angelone	JR	Rochester	6401	1	
2	Alex Opsahl	SR	Rochester	6076	1	
3	Aaron Lund	FR	Nazareth	5647	1	
4	Gabe Thyne	SO	Rochester	5547	1	
5	Jack Pomykaj	FR	Nazareth	5292	1	
6	Ian Szemcsak	FR	Brockport St.	5282	1	
7	Josiah Bowers	SR	St. John Fisher	5113	1	
8	Corden Zimmerman	FR	Roberts Wesleyan	5080	1	
9	Maxwell Blowers	SR	St. John Fisher	4805	1	
10	Lucas Thiele	SO	Rochester	4768	1	
11	Jack Maness	FR	Rochester	4634	1	
12	Carter Puylara	SO	Roberts Wesleyan	3656	1	

Women 10000 meter Run
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Alicia Lawson	SO	Rochester	40:32.37	1	
2	Morgan Bremer	SR	Rochester	40:41.46	1	
3	Erin Percy	SR	RIT	41:05.86	1	
4	Ann Byerley	SR	RIT	41:06.25	1	
5	Rachel Dennis	SR	Rochester	41:28.14	1	
6	Katie Cobos	SR	RIT	41:29.79	1	
7	Maggie Casey	JR	Le Moyne	42:23.12	1	
8	Annika Hurley	FR	SUNY Geneseo	43:14.55	1	
9	Alyssa Horng	FR	Rochester	44:50.08	1	

Men 10000 meter Run
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Nathan Ballay	SR	RIT	34:16.72	1	

2	Colin McCarthy	SO	St. Bonaventure	34:21.76	1
3	Brandon Nicosia	SR	St. John Fisher	34:53.86	1
4	Nick Ferri	SO	St. John Fisher	34:58.21	1
5	Anthony Ruiz	JR	Brockport St.	35:38.46	1
6	David Schwinger	SO	Daemen	37:29.82	1
7	Michael Gallant	FR	Brockport St.	38:48.97	1
8	Alexander Reynolds	JR	Daemen	39:52.21	1

Women Heptathlon #1: 100 Meter Hurdles
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Ashley Heffernan	JR	Rochester	14.96	1	
2	Madison Baker	SR	Brockport St.	16.89	2	
3	Renee Simmonds	FR	Indiana (Pa.)	17.11	3	
4	Iva Savic	SR	Rochester	17.36	3	
5	Megan Carden	SO	SUNY Broome	18.04	1	
6	Logan Fredrickson	SO	St. John Fisher	18.47	2	
7	Lillian Farrand	FR	St. John Fisher	18.66	1	
8	Julia Largett	FR	Rochester	18.78	2	
9	Morgan Sproull	SO	Roberts Wesleyan	19.53	3	

Women Heptathlon #2: High Jump
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Megan Carden	SO	SUNY Broome	1.44m	1	
2	Iva Savic	SR	Rochester	1.41m	1	
2	Ashley Heffernan	JR	Rochester	1.41m	1	
4	Lillian Farrand	FR	St. John Fisher	1.38m	1	
5	Logan Fredrickson	SO	St. John Fisher	1.35m	1	
6	Madison Baker	SR	Brockport St.	1.32m	1	
7	Morgan Sproull	SO	Roberts Wesleyan	1.29m	1	
8	Julia Largett	FR	Rochester	1.26m	1	
9	Renee Simmonds	FR	Indiana (Pa.)	1.23m	1	

Women Heptathlon #3: Shot Put
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Renee Simmonds	FR	Indiana (Pa.)	10.58m	1	
2	Logan Fredrickson	SO	St. John Fisher	9.16m	1	
3	Megan Carden	SO	SUNY Broome	8.85m	1	
4	Ashley Heffernan	JR	Rochester	8.47m	1	
5	Madison Baker	SR	Brockport St.	8.43m	1	
6	Morgan Sproull	SO	Roberts Wesleyan	7.49m	1	
7	Julia Largett	FR	Rochester	7.45m	1	
8	Iva Savic	SR	Rochester	7.10m	1	
9	Lillian Farrand	FR	St. John Fisher	6.12m	1	

Women Heptathlon #4: 200 Meter Dash
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Ashley Heffernan	JR	Rochester	25.13	2	
2	Renee Simmonds	FR	Indiana (Pa.)	28.50	2	
3	Julia Largett	FR	Rochester	28.84	2	

4	Madison Baker	SR	Brockport St.	28.90	1
5	Megan Carden	SO	SUNY Broome	29.06	1
6	Iva Savic	SR	Rochester	29.30	1
7	Morgan Sproull	SO	Roberts Wesleyan	30.14	1
8	Logan Fredrickson	SO	St. John Fisher	30.42	2
9	Lillian Farrand	FR	St. John Fisher	32.23	2

Women Heptathlon #5: Long Jump
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Ashley Heffernan	JR	Rochester	5.24m	1	1.4
2	Iva Savic	SR	Rochester	4.83m	1	1.5
3	Megan Carden	SO	SUNY Broome	4.66m	1	2.1
4	Madison Baker	SR	Brockport St.	4.36m	1	1.9
5	Renee Simmonds	FR	Indiana (Pa.)	4.13m	1	0.5
6	Julia Largett	FR	Rochester	4.06m	1	1.0
7	Logan Fredrickson	SO	St. John Fisher	3.79m	1	0.2

Women Heptathlon #6: Javelin Throw
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Megan Carden	SO	SUNY Broome	25.22m	1	
2	Iva Savic	SR	Rochester	25.04m	1	
3	Renee Simmonds	FR	Indiana (Pa.)	24.45m	1	
4	Ashley Heffernan	JR	Rochester	21.26m	1	
5	Madison Baker	SR	Brockport St.	21.05m	1	
6	Logan Fredrickson	SO	St. John Fisher	20.28m	1	
7	Morgan Sproull	SO	Roberts Wesleyan	18.12m	1	
8	Julia Largett	FR	Rochester	15.37m	1	

Women Heptathlon #7: 800 Meter Run
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Ashley Heffernan	JR	Rochester	2:27.77	1	
2	Madison Baker	SR	Brockport St.	2:36.25	1	
3	Julia Largett	FR	Rochester	2:40.28	1	
4	Logan Fredrickson	SO	St. John Fisher	2:41.23	1	
5	Iva Savic	SR	Rochester	2:49.25	1	
6	Renee Simmonds	FR	Indiana (Pa.)	2:53.04	1	
7	Megan Carden	SO	SUNY Broome	2:54.34	1	
8	Morgan Sproull	SO	Roberts Wesleyan	3:00.52	1	

Men Decathlon #1: 100 Meter Dash
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Jack Pomykaj	FR	Nazareth	11.37	2	
2	Aeden Angelone	JR	Rochester	11.40	1	
3	Gabe Thyne	SO	Rochester	11.53	1	
4	Corden Zimmerman	FR	Roberts Wesleyan	11.69	1	
5	Aaron Lund	FR	Nazareth	11.73	1	
6	Alex Opsahl	SR	Rochester	11.73	2	
7	Jack Maness	FR	Rochester	11.78	1	
8	Josiah Bowers	SR	St. John Fisher	11.80	1	

9	Lucas Thiele	SO	Rochester	11.85	2
10	Ian Szemcsak	FR	Brockport St.	11.89	2
11	Maxwell Blowers	SR	St. John Fisher	12.27	2
12	Carter Puylara	SO	Roberts Wesleyan	12.80	2

Men Decathlon #2: Long Jump
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Aeden Angelone	JR	Rochester	6.52m	1	0.5
2	Alex Opsahl	SR	Rochester	6.24m	1	0.9
3	Ian Szemcsak	FR	Brockport St.	6.21m	1	-0.9
4	Corden Zimmerman	FR	Roberts Wesleyan	6.20m	1	-0.5
5	Aaron Lund	FR	Nazareth	6.17m	1	1.7
6	Jack Pomykaj	FR	Nazareth	6.09m	1	1.8
7	Gabe Thyne	SO	Rochester	6.06m	1	0.4
8	Lucas Thiele	SO	Rochester	6.03m	1	1.2
9	Jack Maness	FR	Rochester	5.86m	1	+0.0
10	Josiah Bowers	SR	St. John Fisher	5.75m	1	-0.2
11	Maxwell Blowers	SR	St. John Fisher	5.54m	1	1.5
11	Carter Puylara	SO	Roberts Wesleyan	5.54m	1	0.1

Men Decathlon #3: Shot Put
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Alex Opsahl	SR	Rochester	12.21m	1	
2	Aeden Angelone	JR	Rochester	12.00m	1	
3	Aaron Lund	FR	Nazareth	11.01m	1	
4	Corden Zimmerman	FR	Roberts Wesleyan	10.32m	1	
5	Ian Szemcsak	FR	Brockport St.	9.95m	1	
6	Josiah Bowers	SR	St. John Fisher	9.91m	1	
7	Maxwell Blowers	SR	St. John Fisher	9.84m	1	
8	Jack Pomykaj	FR	Nazareth	9.03m	1	
9	Carter Puylara	SO	Roberts Wesleyan	8.82m	1	
10	Gabe Thyne	SO	Rochester	8.63m	1	
11	Jack Maness	FR	Rochester	7.92m	1	
12	Lucas Thiele	SO	Rochester	7.20m	1	

Men Decathlon #4: High Jump
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Aeden Angelone	JR	Rochester	1.88m	1	
1	Alex Opsahl	SR	Rochester	1.88m	1	
3	Corden Zimmerman	FR	Roberts Wesleyan	1.85m	1	
4	Ian Szemcsak	FR	Brockport St.	1.76m	1	
4	Gabe Thyne	SO	Rochester	1.76m	1	
6	Aaron Lund	FR	Nazareth	1.73m	1	
7	Lucas Thiele	SO	Rochester	1.70m	1	
8	Josiah Bowers	SR	St. John Fisher	1.64m	1	
9	Jack Pomykaj	FR	Nazareth	1.58m	1	
9	Maxwell Blowers	SR	St. John Fisher	1.58m	1	
9	Jack Maness	FR	Rochester	1.58m	1	
9	Carter Puylara	SO	Roberts Wesleyan	1.58m	1	

Men Decathlon #5: 400 Meter Dash
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Gabe Thyne	SO	Rochester	51.19	2	
2	Alex Opsahl	SR	Rochester	52.27	1	
3	Jack Pomykaj	FR	Nazareth	52.56	1	
4	Aeden Angelone	JR	Rochester	52.70	2	
5	Lucas Thiele	SO	Rochester	53.99	1	
6	Aaron Lund	FR	Nazareth	54.25	2	
7	Ian Szemcsak	FR	Brockport St.	55.03	2	
8	Josiah Bowers	SR	St. John Fisher	55.78	1	
9	Jack Maness	FR	Rochester	56.48	1	
10	Maxwell Blowers	SR	St. John Fisher	57.55	2	
11	Corden Zimmerman	FR	Roberts Wesleyan	58.59	2	
12	Carter Puylara	SO	Roberts Wesleyan	1:02.29	1	

Men Decathlon #6: 110 Meter Hurdles
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Aaron Lund	FR	Nazareth	16.21	2	
2	Aeden Angelone	JR	Rochester	16.24	3	
3	Alex Opsahl	SR	Rochester	16.35	1	
4	Gabe Thyne	SO	Rochester	16.68	2	
5	Ian Szemcsak	FR	Brockport St.	17.24	3	
6	Lucas Thiele	SO	Rochester	17.34	2	
7	Corden Zimmerman	FR	Roberts Wesleyan	17.43	2	
8	Josiah Bowers	SR	St. John Fisher	17.72	3	
9	Jack Pomykaj	FR	Nazareth	17.81	1	
10	Maxwell Blowers	SR	St. John Fisher	18.13	1	
11	Carter Puylara	SO	Roberts Wesleyan	18.41	3	
12	Jack Maness	FR	Rochester	21.52	1	

Men Decathlon #7: Discus Throw
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Aaron Lund	FR	Nazareth	32.71m	1	
2	Gabe Thyne	SO	Rochester	30.98m	1	
3	Josiah Bowers	SR	St. John Fisher	29.02m	1	
4	Corden Zimmerman	FR	Roberts Wesleyan	28.84m	1	
5	Aeden Angelone	JR	Rochester	28.65m	1	
6	Alex Opsahl	SR	Rochester	28.45m	1	
7	Jack Pomykaj	FR	Nazareth	26.03m	1	
8	Ian Szemcsak	FR	Brockport St.	26.02m	1	
9	Maxwell Blowers	SR	St. John Fisher	25.09m	1	
10	Jack Maness	FR	Rochester	23.92m	1	
11	Lucas Thiele	SO	Rochester	21.18m	1	
12	Carter Puylara	SO	Roberts Wesleyan	19.54m	1	

Men Decathlon #8: Pole Vault
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Aeden Angelone	JR	Rochester	4.20m	1	
2	Alex Opsahl	SR	Rochester	3.90m	1	
2	Jack Pomykaj	FR	Nazareth	3.90m	1	
2	Jack Maness	FR	Rochester	3.90m	1	
5	Corden Zimmerman	FR	Roberts Wesleyan	3.50m	1	

5	Ian Szemcsak	FR	Brockport St.	3.50m	1
7	Maxwell Blowers	SR	St. John Fisher	3.40m	1
8	Gabe Thyne	SO	Rochester	3.20m	1
9	Lucas Thiele	SO	Rochester	3.10m	1
9	Josiah Bowers	SR	St. John Fisher	3.10m	1
11	Aaron Lund	FR	Nazareth	3.00m	1
12	Carter Puylara	SO	Roberts Wesleyan	2.60m	1

Men Decathlon #9: Javelin Throw
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Aeden Angelone	JR	Rochester	43.82m	1	
2	Josiah Bowers	SR	St. John Fisher	41.41m	1	
3	Jack Maness	FR	Rochester	40.99m	1	
4	Alex Opsahl	SR	Rochester	38.68m	1	
5	Maxwell Blowers	SR	St. John Fisher	38.64m	1	
6	Aaron Lund	FR	Nazareth	38.57m	1	
7	Ian Szemcsak	FR	Brockport St.	34.68m	1	
8	Corden Zimmerman	FR	Roberts Wesleyan	31.65m	1	
9	Gabe Thyne	SO	Rochester	30.76m	1	
10	Lucas Thiele	SO	Rochester	28.14m	1	
11	Jack Pomykaj	FR	Nazareth	27.65m	1	
12	Carter Puylara	SO	Roberts Wesleyan	20.29m	1	

Men Decathlon #10: 1500 Meter Dash
Finals

	NAME	YR	TEAM	MARK	H#	WIND
1	Aeden Angelone	JR	Rochester	4:50.81	1	
2	Gabe Thyne	SO	Rochester	4:55.74	1	
3	Aaron Lund	FR	Nazareth	4:58.46	1	
4	Alex Opsahl	SR	Rochester	4:59.36	1	
5	Jack Pomykaj	FR	Nazareth	5:02.94	1	
6	Maxwell Blowers	SR	St. John Fisher	5:04.97	1	
7	Josiah Bowers	SR	St. John Fisher	5:09.72	1	
8	Ian Szemcsak	FR	Brockport St.	5:16.47	1	
9	Lucas Thiele	SO	Rochester	5:19.29	1	
10	Jack Maness	FR	Rochester	5:29.90	1	
11	Carter Puylara	SO	Roberts Wesleyan	5:55.43	1	
12	Corden Zimmerman	FR	Roberts Wesleyan	5:57.57	1	